



Anne Arundel County Department of Health Community Health Announcements and News Releases October 2019

FREE FLU SHOT CLINIC

The Department of Health will hold a free flu shot clinic for everyone age 6 months and older on Friday, October 18, 2019, 8:30 a.m. – noon and 1 p.m. – 4 p.m. at the Health Services Building, 3 Harry S. Truman Parkway, in Annapolis. For more details, call 410-222-4896.

EMPLOYMENT OPPORTUNITIES

For employment opportunities at the Department of Health, visit www.aahealth.org/jobs.

DENIALisDEADLY.ORG: SUBSTANCE MISUSE TREATMENT AND RECOVERY RESOURCES

Visit www.DENIALisDEADLY.org for facts and county data on heroin and prescription opioids. The website includes information about free Narcan response training and kits; the new wellmobile for county residents with substance use disorders; crisis stabilization, treatment and recovery programs; and local prescription drug disposal sites.

SAFE STATIONS INITIATIVE

Anne Arundel County and Annapolis City fire and police stations are designated safe environments for individuals seeking assistance from heroin/opioid addiction. Those seeking help can visit any fire or police station 24/7 to be linked with a substance use disorder treatment program.

SUBSTANCE MISUSE TREATMENT SERVICES

Substance misuse assessment, referrals and treatment services are available through the Department of Health. For details, call 410-222-0117. Methadone and Suboxone maintenance services (for opiate-addicted adults) are available. For information, call 410-222-0100.

BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND TEENS

The Department of Health provides outpatient mental health and substance abuse treatment for 4- to 18-year-old children and their families without private medical insurance. For more information, call 410-222-6785.

BIRTH AND DEATH CERTIFICATES

The Department of Health can provide certified copies of Maryland birth and death certificates. Visit www.aahealth.org/birth-certificates or call 410-222-4462 for office hours and fees.

BREAST AND CERVICAL CANCER SCREENING REFERRALS YEAR-ROUND

The Department of Health provides referrals for free breast exams, mammograms and Pap tests to eligible county residents. For details, call 410-222-6180 or visit www.LearnToLiveHealthy.org.

DENTAL HEALTH SERVICES

The Department of Health provides dental services by appointment to income-eligible children, young adults, expectant mothers and to adult participants in the county REACH program. Dental clinic locations are in Annapolis (3 Harry S. Truman Parkway, 410-222-7138) and in Glen Burnie (North County Health Building, 791 Aquahart Road, 410-222-6861). Services include cleaning, fluoride treatment, periodontal treatment, sealants, fillings, root canals, extractions, crowns, bridges, oral health education and dental health referrals.

DRUG AND ALCOHOL USE PREVENTION AND EDUCATION FOR COUNTY YOUTH

The Prevention and Education Services Office helps to increase awareness of the risks associated with drug and alcohol use among young people in Anne Arundel County. The program provides information, training, presentations and exhibits to county schools, after-school programs, community groups, faith-based programs and parent groups. For information, call 410-222-6724.

STAR (Screening Teens to Access Recovery)

The Anne Arundel County STAR Program allows school health nurses to utilize technology to connect public high school students in a tele-session with a Department of Health licensed therapist. High school students can go to their health room during the school day for help with substance use issues.



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Anne Arundel County Department of Health

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SAFE SEX KIT

The Department of Health's STI Services offers a free Safe Sex Kit, which includes fact sheets and a variety of condoms in a condom case. Order a kit at www.aahealth.org/safesexkit.

HIV/AIDS/STI SERVICES

The Department of Health offers free, confidential testing and counseling for HIV, the virus that can cause AIDS. Call one of these health centers for an appointment: Glen Burnie (410-222-6633) or Parole (410-222-7247). The department also offers free HIV case management services. Call 410-222-7108 for more information. Follow HIV/AIDS Services on Twitter at www.twitter.com/hivxpressions. Testing services for other sexually transmitted infections (STI) are offered by the department. For more information, call 410-222-7382.

PRESCRIPTION SAVINGS PROGRAM

The Prescription Savings Program is for residents of any age and income. There is no cost to obtain the savings card. For more information, call 410-222-4531 or go to www.scriptsave.com and log in with Group #586.

MEDICAL COVERAGE FOR FAMILIES

Does your family need health insurance? Medical Assistance for Families/MCHP has comprehensive medical coverage for income-eligible families, children and pregnant women through managed care organizations (MCOs). For application information, call 410-222-4792, or visit www.aahealth.org/mchp.

ADMINISTRATIVE CARE COORDINATION PROGRAM (ACC)

ACC provides services to clients who are enrolled in (or eligible for) Medical Assistance and HealthChoice to help them access health care. Short-term care coordination may be provided for certain groups. The Ombudsman investigates issues with managed care organizations. For more information, call ACC at 410-222-7541 or the Ombudsman at 410-222-4380.

WOMEN, INFANTS AND CHILDREN (WIC)

The WIC supplemental nutrition program provides free nutritious foods, nutrition education, breastfeeding support and resource referrals for pregnant, breastfeeding and postpartum women and to infants and children up to age 5. To qualify, county residents must meet income guidelines. Call 410-222-6797 or 410-222-0139 (Spanish), or visit www.aahealth.org/wic for more information.

FOOD FACILITY INSPECTION REPORTS

The Department of Health conducts more than 4,600 food facility inspections in Anne Arundel County yearly. Monthly inspection summaries and individual reports are at www.aahealth.org. Enter "Food Facility" in the search bar.

SMOKING CESSATION

For free quit-smoking kits and information on free smoking cessation classes, adults who live, work or attend school in Anne Arundel County can visit www.MyQuitKit.org or call the Learn To Live Line at 410-222-7979.

HEALTHY MOMS AND BABIES

The department's Healthy Moms and Babies website, www.aahealthybabies.org, has free pregnancy resources, including facts on preterm labor, fetal movements and secondhand smoke.

CHILDREN'S IMMUNIZATIONS

Your baby needs immunizations at 2 months, 4 months, 6 months, and between 12 and 18 months. Boosters are given prior to entering kindergarten. Call your health care provider or the Department of Health at 410-222-4896 for details. Information on immunizations at area health centers for eligible children can be found at www.aahealth.org/immunizations.

HEALTHY START

Healthy Start nurses and social workers meet with pregnant women and the parents of children up to age 2 to discuss pregnancy, childcare, child safety and community resources. For a Healthy Start nurse home visit, call 410-222-7177.

MEDICAL ASSISTANCE TRANSPORTATION

The Department of Health provides medical transportation services for eligible Medical Assistance/HealthChoice clients. Individuals with a valid Maryland Medical Assistance/HealthChoice card and no means of public or private transportation may be eligible. For information, call 410-222-7152.

INFANT SAFE SLEEP — ABCs

The Department of Health urges all parents, grandparents and caregivers to put babies to sleep by following the safe sleep ABCs – **A**lone, on their **B**acks, in a safe **C**rib. For details, visit www.aahealthybabies.org.

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OPIOID OVERDOSE RESPONSE TRAINING

FREE Opioid Overdose Response Training and Naloxone Kit

The Anne Arundel County Department of Health offers free training to community members on the use of intranasal naloxone to reverse an opioid overdose and prevent death. Trainees will receive a free naloxone nasal kit to administer to victims of opioid overdose.

Who Should Attend?

- At-risk individuals, family members, friends and associates of someone who is using and at risk for overdosing on heroin or prescription pain medications. Teens under 18 may take the training if accompanied by a parent or guardian.
- Staff and volunteers with treatment programs, recovery services and transitional housing.
- Anyone working with the public.



What Will I Learn?



Training will incorporate the following information:

- What an opioid is.
- How to recognize, respond to and prevent an opioid overdose.
- How to administer the naloxone intranasally.
- Information about the Good Samaritan Law, treatment and recovery services and family support.

What Is Naloxone?

Naloxone is a prescription medication that is used to reverse an opioid overdose. It cannot be used to get “high” and is not addictive.

How to Register

To register, call the Naloxone Training Line at 410-222-1937 Monday through Friday between 8:00 a.m. and 4:30 p.m.

Training Dates:

**122 North Langley Rd.,
 Glen Burnie, MD 21060
 10:00 a.m. - 11:00 a.m.**
Wednesday, October 2, 2019
Wednesday, November 6, 2019
Wednesday, December 4, 2019

**3 Harry S. Truman Pkwy., Front Entrance
 Annapolis, MD 21401
 10:00 a.m. - 11:00 a.m.**
Tuesday, October 1, 2019
Monday, November 4, 2019
Monday, December 9, 2019



NEWS RELEASE

FOR IMMEDIATE RELEASE

County Department of Health's Website Provides Safety Information and Requirements for Open Fires

Anne Arundel County residents and visitors can go to the "Requirements for Open Fires, Fire Pits, Bonfires and Open Burning" at www.aahealth.org/openburn to get information on the county code and license requirements for open fires.

The webpage provides information on open burning restrictions, types of county licenses that are required and a downloadable application to conduct an open fire. There are helpful tips on determining nuisance or hazardous conditions and a link to a forest fire protection pamphlet. To access the page, go to www.aahealth.org/openburn.

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September 26, 2019

Media Contact:

Elin Jones, Public Information Director, 410-222-4508, hdjones@aacounty.org

Communications Office ♦ Department of Health ♦ 3 Harry S. Truman Parkway ♦ Annapolis, MD 21401



Community Announcement

Department of Health Offers Tips for a Healthy and Safe Halloween

The Anne Arundel County Department of Health provides the following tips to help families have a fun, healthy and safe Halloween:

- Do not allow children to go trick-or-treating if they are ill. If they had a fever, it should be gone for 24 hours without the use of fever-reducing medicine. Those who are ill or who have an ill household member should not hand out treats.
- Do not share Halloween masks, vampire fangs or similar items. Avoid bobbing for apples, allowing children to dig into a candy bowl and other actions that involve sharing items that have come into contact with other people's mouths, noses and fingers.
- Purchase or make costumes that are light and bright enough to be clearly visible to motorists. Trim costumes with reflective tape. Carry a flashlight.
- An adult or an older, responsible child should always accompany young children.
- Be cautious of risky accessories, such as decorative contact lenses, which can cause serious eye damage.
- Warn children not to eat any treats until an adult has carefully examined them for evidence of tampering. Parents of very young children should remove any choking hazards, such as gum, peanuts, hard candies or small toys.
- Children should wash hands properly with soap and water before eating anything.
- Use party games or trick-or-treating as an opportunity for children to get their daily dose of 60 minutes of physical activity.

The Department recommends that parents limit their child's candy consumption. Parents should provide healthier alternatives as Halloween treats, such as fruit. For more healthy Halloween tips, visit the In The News section on www.aahealth.org in October.

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September 26, 2019

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FOR IMMEDIATE RELEASE

**October Is Infant Safe Sleep Awareness Month
Department of Health Recommends Healthy Steps to Help Protect Infants**

October is Infant Safe Sleep Awareness Month in Anne Arundel County. Anne Arundel County's rate of infant mortality is 4.1 deaths per 1,000 live births. Sleep-related incidents are the third leading cause of infant deaths, after prematurity and congenital abnormalities. Since 2016, there have been 18 Anne Arundel County infant deaths linked to unsafe sleeping practices, including bed sharing and sleeping under piles of blankets.

The Anne Arundel County Department of Health urges all parents, grandparents and caregivers to learn safe infant sleep practices. The safest way to put babies to sleep is by following the safe sleep ABC's – **A**lone, on their **B**acks, in a safe **C**rib.

The Department of Health offers the following tips for safe sleep for babies:

- Use a firm mattress that fits tightly into the crib frame and is covered by a well-fitted sheet.
- The distance between crib rails should not be wider than a 12-ounce soda can.
- Loose bedding, soft toys and bumpers should not be in the crib.

For more tips on infant safe sleep practices and other infant care information and resources, visit www.aahealthybabies.org. The Department of Health provides free Healthy Pregnancy and Baby Care Kits to county residents. To order the free kits, visit www.aahealthybabies.org or call 410-222-7223.

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September 26, 2019

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NEWS RELEASE

FOR IMMEDIATE RELEASE

Anne Arundel County Department of Health Provides In-School Vision and Hearing Screenings

Anne Arundel County Department of Health vision and hearing technicians and school nurses conduct mandated vision and hearing screenings in public schools each year. The screenings are for children in preschool, kindergarten, first and eighth grade, and for students new to Anne Arundel County schools. Special education students receiving speech therapy may also be recommended for screening. Department of Health vision and hearing technicians also administer vision and hearing screenings at private schools, nurseries and day care programs to ensure that the appropriate children are screened. Children who wear glasses should bring them to school on the day of the screening. Students in the following schools and programs will be screened in October:

October 1	Monarch Academy Glen Burnie
October 2	Tyler Heights Elementary
October 3	Shady Side Elementary
October 4	Annapolis Elementary St. Paul's Lutheran School
October 7	Glen Burnie Park Elementary
October 8	Broadneck High Glen Burnie High St. Andrew's Day School
October 10	Bates Middle
October 11	St. Martin in the Field Episcopal School

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Anne Arundel County Department of Health In-School Vision and Hearing Screenings

October 14	MacArthur Middle
October 16	Annapolis High
October 17	South Gate Elementary
October 18	Lothian Elementary
October 21	Hilltop Elementary Quarterfield Elementary
October 22	North County High Overlook Elementary
October 23	Belvedere Elementary
October 24	Corkran Middle
October 25	Indian Creek Lower School Indian Creek Upper School
October 28	Oak Hill Elementary
October 29	Lake Shore Elementary West Annapolis Elementary
October 30	Marley Elementary

Children are screened in order to detect vision or hearing problems that may impair a child's ability to perform successfully in school. If a potential deficiency is detected, a letter is sent to the parents or legal guardians informing them of the results. The parents are advised to contact the child's doctor for further testing and advice. For more information on the School Vision and Hearing Program, call Kim Roussey, vision and hearing technician supervisor, at 410-222-6838.

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September 26, 2019

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